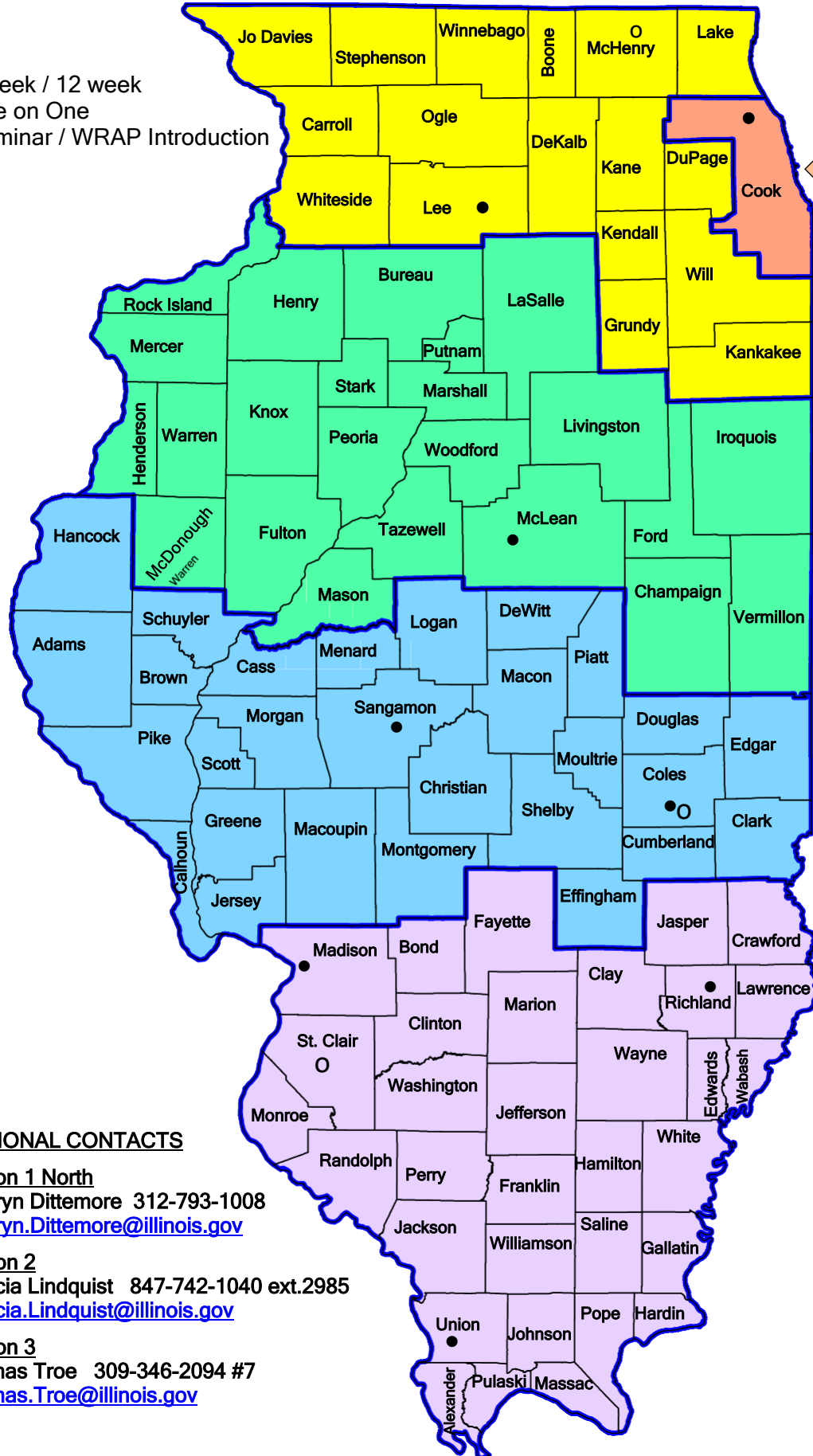


**ILLINOIS DEPARTMENT OF HUMAN SERVICES  
Division of Mental Health  
Wellness and Recovery Services  
Agencies with Certified WRAP Facilitators**

● = 8 week / 12 week  
○ = One on One  
S = Seminar / WRAP Introduction



Please See  
Region 1 Map for  
Facilitators in  
Cook County

Region 1
Region 2
Region 3
Region 4
Region 5

**REGIONAL CONTACTS**

**Region 1 North**  
Kathryn Dittmore 312-793-1008  
[Kathryn.Dittmore@illinois.gov](mailto:Kathryn.Dittmore@illinois.gov)

**Region 2**  
Patricia Lindquist 847-742-1040 ext.2985  
[Patricia.Lindquist@illinois.gov](mailto:Patricia.Lindquist@illinois.gov)

**Region 3**  
Thomas Troe 309-346-2094 #7  
[Thomas.Troe@illinois.gov](mailto:Thomas.Troe@illinois.gov)

**REGIONAL CONTACTS**

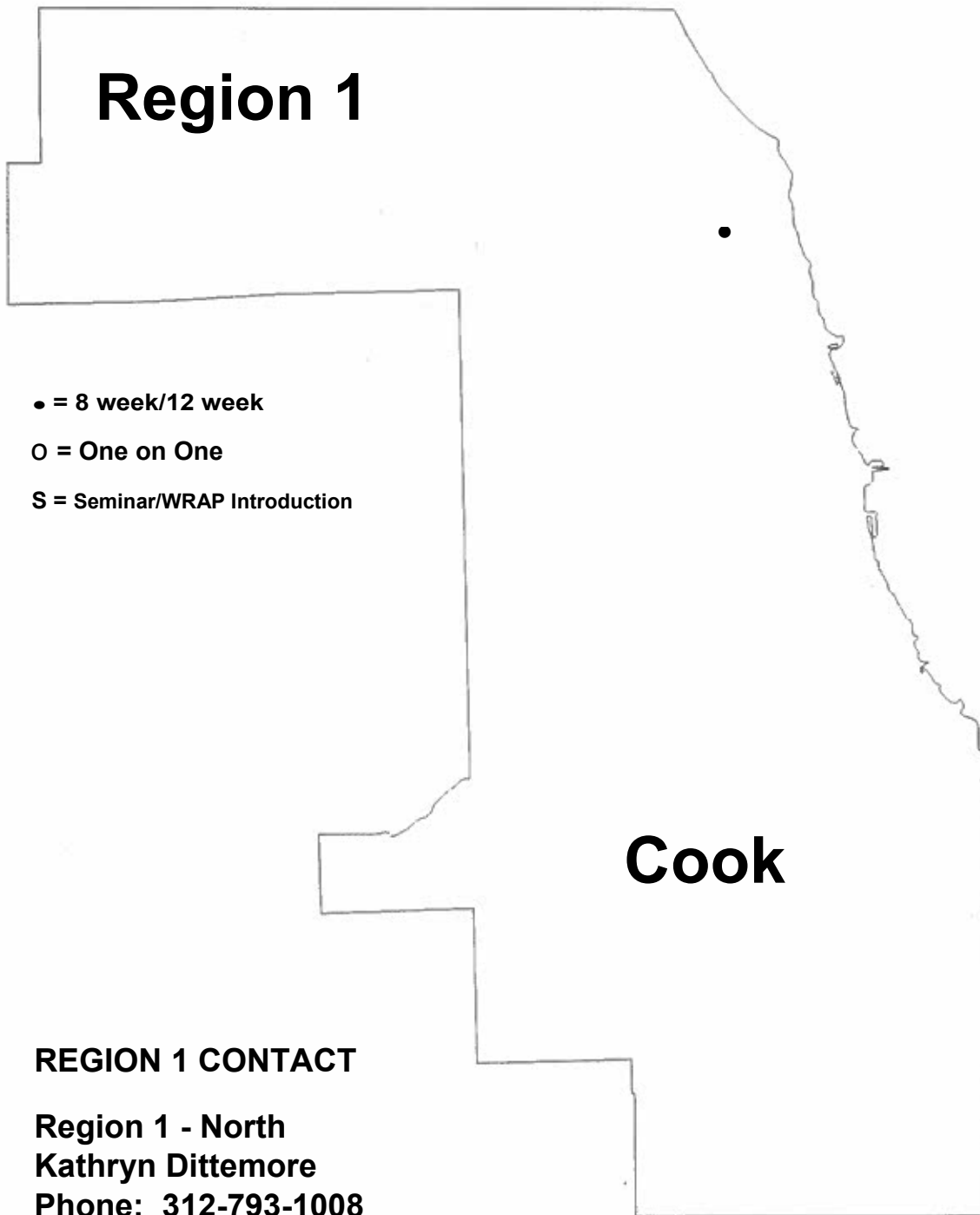
**Region 4 North**  
Tanya Cooley 217-786-0043  
[Tanya.E.Cooley@illinois.gov](mailto:Tanya.E.Cooley@illinois.gov)

**Region 5 Metro East**  
Cindy Mayhew 618-474-3813  
[Cindy.Mayhew@illinois.gov](mailto:Cindy.Mayhew@illinois.gov)

**Region 5 South**  
Rhonda Keck 618-202-6116  
[Rhonda.Keck@illinois.gov](mailto:Rhonda.Keck@illinois.gov)

**ILLINOIS DEPARTMENT OF HUMAN SERVICES  
Division of Mental Health  
Wellness and Recovery  
Services**

**Region 1 Agencies Currently Hosting WRAP Classes**



**Region 1**

**Cook**

● = 8 week/12 week

○ = One on One

S = Seminar/WRAP Introduction

**REGION 1 CONTACT**

**Region 1 - North**

**Kathryn Dittmore**

**Phone: 312-793-1008**

**[Kathryn.Dittmore@illinois.gov](mailto:Kathryn.Dittmore@illinois.gov)**

**ILLINOIS DEPARTMENT OF HUMAN SERVICES**  
**Division of Mental Health**  
**Wellness and Recovery Services**  
**Agencies Currently Hosting WRAP Classes by Region and County**

**Region 1**

Contact: Kathryn Ditemore  
 Phone: 312-793-1008 Email: [Kathryn.Ditemore@illinois.gov](mailto:Kathryn.Ditemore@illinois.gov)

County	Date	Location	City
Cook	08/06/20 - 09/24/20	Kenneth Young Drop In •	Mt. Prospect

**Region 2**

Contact: Pat Lindquist  
 Phone: 847-742-1040 ext. 2985 Email: [Patricia.Lindquist@illinois.gov](mailto:Patricia.Lindquist@illinois.gov)

County	Date	Location	City
McHenry	01/01/20 - 12/31/20	NAMI McHenry County o	Crystal Lake

**Region 3**

Contact: Tom Troe  
 Phone: 309-346-2094 x7 Email: [Thomas.Troe@illinois.gov](mailto:Thomas.Troe@illinois.gov)

County	Date	Location	City
McLean	01/06/20 - 01/06/21	McLean County Center for Human Services •	Bloomington

**Region 4**

Contact: Tanya Cooley  
 Phone: 217-786-0043 Email: [Tanya.E.Cooley@illinois.gov](mailto:Tanya.E.Cooley@illinois.gov)

County	Date	Location	City
Coles	12/03/19 - 12/03/20	Lifelinks •	Mattoon
Coles	12/03/19 - 12/03/20	Lifelinks o	Mattoon
Moultrie	06/09/20 - 06/09/21	Moultrie County Counseling Center •	Sullivan
Sangamon	01/13/20 - 01/13/21	McFarland Mental Health Center •	Springfield
Sangamon	01/15/20 - 01/15/21	McFarland Mental Health Center •	Springfield

- = 8 week / 12 week
- o = One on One
- S = Seminar / WRAP Introduction

### Region 5 - Metro East

Contact: Cindy Mayhew

Phone: 618-474-3813

Email: [Cindy.Mayhew@illinois.gov](mailto:Cindy.Mayhew@illinois.gov)

County	Date	Location	City
Madison	11/19/19 - 11/19/20	Gift of Voice ●	Edwardsville
St. Clair	04/22/20 - 04/22/21	Call for Help Recovery Center o	E. St. Louis

### Region 5 - South

Contact: Rhonda Keck

Phone: 618-202-6116

Email: [Rhonda.Keck@illinois.gov](mailto:Rhonda.Keck@illinois.gov)

County	Date	Location	City
Richland	12/03/19 - 12/03/20	Lifelinks ●	Olney
Union	04/01/20 - 04/01/21	Choate Mental Health Center ●	Anna

● = 8 week / 12 week

o = One on One

S = Seminar / WRAP Introduction

9/9/2020