Northwest Region Crisis Care System

Illinois Mental Health Collaborative

FOR ACCESS AND CHOICE

Northwest Region Crisis Care System

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Summary: This document will review the procedures

regarding the authorization and functions of

the Northwest Region Crisis Care System

Glossary of Terms

- CMHC-Community Mental Health Center
- LOC-Level of Care
- SMI-Serious Mental Illness
- LOCUS-Level of Care Utilization System
- USARF-Uniform Screening and Referral Form
- MNC-Medical Necessity Criteria
- CCM-Clinical Care Manager

What Is It?

- A Utilization Management Service implemented by the State of IL in conjunction with DHS/DMH where the Collaborative will handle:
 - Authorization for Northwest Crisis Care System, including inpatient, residential and acute community care

Who is Eligible for the Levels of Care?

- Consumers that are Unfunded
- Consumers that would previously have been admitted to Singer Hospital
- Consumers with SMI that need immediate evaluation and care during a crisis situation

Type of Service

- The Assessor will assess in two categories:
 - **≻**Mental Health
 - > Financial Eligibility

The Process



The Process...

- Once the Consumer has met the criteria, the Evaluator will contact the Collaborative at (866)359-7953 and select option "#4" to obtain authorization
- The Collaborative will review the clinical information to verify that the Consumer meets the Medical Necessity Criteria (MNC) for the LOC being requested
- Once the Consumer has been approved, the Collaborative will assist with locating a bed if needed
- The Collaborative will issue an Initial Review Authorization according to the LOC determined by the Evaluator

The Collaborative Call



Demographics

- Consumer Information
 - First and Last Name
 - > RIN
 - Date of Birth
 - Social Security Number
 - Address (last known address or current location if homeless)
 - Gender
 - **Ethnicity**
 - Provider Information
- Financial Information
 - Funding Source (verify non-funded status)

Demographics...

- Level of Service
- Level of Care Requested
 - **→** Inpatient
 - > Mental Health Crisis Residential
 - > Acute Community Care

Assessment

Diagnosis

- > Axis 1
- > Axis 2
- > Axis 3
- > Axis 4
- > Axis 5
 - Current
 - Past

Current Risks

- **➤** Mental Status
- ➤ Risk to Self
- Risk to Others

Assessment...

Current Impairment

- Mood Disturbance(s)
- Anxiety
- Psychosis
- Eating Disorder
- Chemical Dependence
- Under 19 or Over 65

LOCUS Score

- Dimension 1: Risk of Harm
- Dimension 2: Functional Status
- Dimension 3: Medical, Addictive & Psychiatric Co-Morbidity
- Dimension 4a: Recovery Environment-Level of Stress
- Dimension 4b: Recovery Environment-Level of Support
- Dimension 5: Treatment & Recovery History
- Dimension 6: Engagement
- Composite Score
- LOCUS Recommended Level of Care
- Evaluator Recommended Level of Care
- Reason for Deviation (if any)

Consumer History

- Treatment History
 - > Psychiatric Treatment in the past 12 months
 - Outpatient
 - > Intensive Outpatient
 - **→** Hospitalization
 - Substance Abuse in the past 12 months
 - Outpatient
 - Intensive Outpatient
 - Hospitalization
 - Medical Treatment in the past 12 months
 - Routine Medical Treatment
 - Significant Medical Treatment

Medication History

- Psychotropic Medications
 - Medicine
 - Dosage
 - Frequency
 - Side Effects
 - Compliance
 - Effectiveness
 - Prescriber
- Additional Medications
 - Medicine
 - Dosage
 - > Frequency
 - Side Effects
 - Compliance
 - Effectiveness
 - Prescriber

Substance Abuse History...

- Substance Used
 - > Total years of use
 - Length of current use
 - Amount of current use
 - Frequency of current use
 - Date last used
- Withdrawal Symptoms

Decisions

- If the CCM proposes an alternative level of service due to either clinical factors or lack of capacity
 - The Evaluator will discuss the alternative with the ED physician (if involved), the individual and appropriate parties
 - If agreement on the proposed alternative level of service is reached, then authorization will be provided
 - If the Evaluator cannot accept the proposed alternative level of service, then the CCM will call Elgin or McFarland MHC to initiate an appeal
 - Elgin/McFarland's decision will be final

What's Next?

FOR INPATIENT CARE:

- Once the Collaborative has determined the Consumer meets
 MNC, the Collaborative will:
 - ➤ If in a hospital that has a CHIPS contract, verify if a bed is available
 - If there is an available bed, an authorization will be given and the initial authorization process will be complete
 - If there are no beds available, the Collaborative will assist with locating a bed via the approved facility listing
 - Once a bed is located for the Consumer, the initial authorization process will be complete

And...

FOR MENTAL HEALTH CRISIS RESIDENTIAL LOC:

- Once the Collaborative has determined the Consumer meets MNC, the Collaborative will:
 - ➤ Assist with locating a bed via the approved facility listing
 - ➤ Provide the Evaluator with the contact information for the approved facility and an authorization number

Also...

FOR ACUTE COMMUNITY CARE:

- Once the Collaborative has determined the Consumer meets MNC, the Collaborative will:
 - Assist with determining the appropriate provider via the geographic provider listing (this will generally be the same provider as the EDA provider)
 - Provide the Evaluator with an authorization number and the contact information for the provider (if necessary)

More Time



Continued Stay Request...

- If the Consumer is still hospitalized when the Initial Authorization timeframe is up, they will need a concurrent review for continued stay
- 24 hours before the expiration date (or on the preceding Friday if a weekend), the attending physician and/or designee will contact the Collaborative at (866)359-7953 and select option "#4" to request an authorization for continued stay
 - Concurrent authorizations must be done during regular business hours (Monday – Friday, 8 am – 5 pm)

Continued Stay Request...

- The Collaborative will review the clinical information to verify that the Consumer meets the Medical Necessity Criteria (MNC) for Continued Stay
- Once the Consumer has been approved, the Collaborative will issue a Concurrent Review Authorization
- If longer term services are needed, the hospital should make arrangements for a more appropriate care setting (i.e. state hospital, nursing home, etc.)

Decisions

- A PA Review is conducted if there is a difference of opinion concerning a request for extended length of stay for the consumer
- If the PA Review agrees, services will be authorized
- If the PA Review does not agree with the extension, a Second Level Reconsideration Review will be conducted with another VO MD
- If the PA Second Level Reconsideration Review agrees, services will be authorized
- If the Second Level Reconsideration Review remains unresolved then DMH will make the final determination

Q&A



Thanks for your Participation

ILLINOIS MENTAL HEALTH COLLABORATIVE FOR ACCESS AND CHOICE

www.illlinoismentalhealthcollaborative.com (888) 359-7953