

RECOVERY & EMPOWERMENT STATEWIDE CALL

Please plan to join on January 27, 2022 for our first Recovery & Empowerment Statewide Call for 2022! Our theme this year is "Making Waves!" During this year's educational series, we will be highlighting current programs that provide recovery support services in Illinois. Each call will include panel discussions with recovery leaders. All panelists will be persons in recovery from mental health and/or substance use challenges who are working in a variety of programs.

Each call will provide listeners the opportunity to hear directly from and be inspired by individuals in recovery. And each call will highlight employment opportunities where you can put your lived experience to work. This month's focus is "Living Room Supports in Illinois."

Please note that you don't have to be at an agency or in a group to participate. Individuals are welcome to dial in from a personal phone or from home. Remember to provide the moderator with your name, the agency you are representing (if applicable), and the number of persons listening in from your location.

ABOUT THIS MONTH'S CALL

DATE: January 27, 2022

TIME: 10:00am - 11:00am

TOPIC: Living Room Supports in Illinois

OBJECTIVES: Participants will identify the services provided by the Living Room Program; define the role that a recovery support specialist plays in providing services; and recognize how being employed strengthens recovery.

DIAL-IN NUMBER: 1-844-867-6167

ACCESS CODE: 4360050 - enter the code and wait for AT&T to answer

MEETING TITLE: Recovery & Empowerment Statewide Call

PANELISTS: Ian Christensen (NAMI Metro Suburban), Michelle Creech (Human Resource Center of Edgar and Clark Counties), Bonnie Gilmore (Rosecrance-Rockford), and Ulonda Gladney (Unity Point-Peoria)

You will be on hold with music until the host opens the conference call. If you have any questions or require additional assistance, please press "0" from your phone during the audio conference. As a courtesy to others and to improve sound quality, please mute your phone when not speaking.

HANDOUTS:

The following materials for the 1/27/22 call are attached:

- Evaluation Form
- Sign-In Sheet
- CEU Instructions

ABOUT RECOVERY & EMPOWERMENT CALLS:

These calls have been held monthly since 2007, and were formerly known as "consumer education and support statewide call-ins." For all persons living with mental health conditions and receiving mental health services, this call is for you! The call contains specific information relative to consumers of mental health services. This call is uniquely and specifically designed to provide education and support for all individuals participating in publicly funded mental health services in Illinois.

ABOUT STAFF PARTICIPATION:

Staff are welcome to listen in as well. However, the primary purpose of the call is to ensure that individuals participating in services have an opportunity to receive information, ask questions, and provide input.

Program Name: Recovery & Empowerment Statewide Call
 Title: Making Waves: Living Room Supports in Illinois
 Location: Teleconference
 Instructors: Cindy Mayhew, B.A., CRSS

Program Number: _____
 Date: January 27, 2022
 Time: 10:00 am – 11:00 am
 CEUs Available: 1.0 hour

Name (Please Print) If we cannot read your name, your certificate will be wrong or not sent. <u>Please print legibly!</u>	I have my CRSS (yes/no)	I'm working toward my CRSS (yes/no)	I have another credential or license (please list)

RETURN COMPLETED CERTIFICATES TO (Print Name): _____ Phone: () _____
 RETURN COMPLETED CERTIFICATES TO: (Address): _____

 RETURN COMPLETED CERTIFICATES TO: (Email): _____

AFTER THE CALL, please submit the form:

Fax: Christal Hamm at (309) 346-2542 OR email at DHS.DMHRRecoveryServices@illinois.gov OR mail to DHS/DMH 200 S. 2nd Street, Suite 20, Pekin, IL 61554

(Sign-In Sheets received before the Call will not be accepted. If a person's name is not on the sign-in sheet, the name cannot be read and a phone number is not offered on this form, a certificate will not be issued. If the sign-in sheet is not received within 7 days after the call, the sign-in sheet cannot be accepted.)



2022 Recovery & Empowerment Statewide Call Evaluation

Title: Making Waves: Living Room Supports in Illinois

Date: January 27, 2022

Thank you for participating in the Recovery & Empowerment Statewide Call. We would appreciate you completing the following brief evaluation to let us know about your experience as a participant.

Please rate the following by checking the appropriate box indicating that you "very much" agree, you "somewhat" agree, you're "undecided", you don't really agree ("not really") or you don't agree at all ("not at all").

Very Much	Somewhat	Undecided	Not Really	Not At All
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| 1. The educational content was relevant to my situation. | 5 | 4 | 3 | 2 | 1 |
| 2. The panelists were respectful of the diverse experiences of participants. | 5 | 4 | 3 | 2 | 1 |
| 3. The presentation provided me with an opportunity to hear from and be inspired by individuals in recovery. | 5 | 4 | 3 | 2 | 1 |
| 4. The presentation highlighted employment opportunities where you can put your lived experience to work. | 5 | 4 | 3 | 2 | 1 |
| 5. The panelists demonstrated how being employed strengthens recovery. | 5 | 4 | 3 | 2 | 1 |
| 6. Overall, I was satisfied with the call. | 5 | 4 | 3 | 2 | 1 |
| 7. I would recommend these statewide calls to others. | 5 | 4 | 3 | 2 | 1 |

COMMENTS:

For Comments or Questions: email DHS.DMHRRecoveryServices@illinois.gov
 Submit Evaluation to: Fax: Christal Hamm at (309) 346-2542 OR email at DHS.DMHRRecoveryServices@illinois.gov OR mail to 200 S. 2nd Street, Suite 20, Pekin, IL 61554

CEU Instructions for Recovery & Empowerment

Statewide Calls

1. Allow anyone who attends to sign in and receive a Certificate if they so choose.
2. Print your name. If a name is not legible, no certificate will be issued.
3. Include the name and address where to send the certificate(s); be sure it is legible.
4. Your name must be on the sign-in sheet. If a person's name is not on the sign-in sheet, the person cannot be issued a certificate.
5. Send your sign-in sheet by email, FAX or postal mail after the call. Information for where to send the sign-in sheet is included on the form.
6. Sign-in sheets must be received within 7 business days after the call. If the sign-in sheet is not received within 7 business days after the call, the sign-in sheet cannot be accepted.
7. Expect to receive your CEU Certificate within 30 days.