

Registration

_____ Total #Attending

_____ Total \$ Enclosed

_____ Donation \$

Agency (if Applicable)

Name: _____

Address: _____

Telephone#: _____

Please Mail Registration To:

**Choate Mental Health
Attn: Rhonda Keck
1000 North Main
ADMN. Building
Anna, Illinois 62906**

Please Make Check Payable To:

Community Resource Center

**For Questions Contact:
Rhonda Keck at
618-833-5161 ext 2515**

Rhonda.Keck@Illinois.gov

Choate Mental Health
Southern Network Office
Attn: Rhonda Keck
1000 North Main, Admin. Building
Anna, Illinois 62906

16th ANNUAL Recovery CONFERENCE



August 9, 2012
John A. Logan
College
Carterville, IL

**REGION FIVE SOUTH
NETWORK 16TH ANNUAL
RECOVERY CONFERENCE**

The conference is designed to help people on their journey to Recovery from

Date

Thursday, August 9 2012

Location

John A. Logan College

Carterville, IL

**8:45 am – 9:15 am
(registration & sign in)**

**Conference Time Frame
9:15 am – 3:15 pm**

Cost \$10.00 per person

**The Sicilian lunch is
included & CEU's Are
Available**

Registration Deadline

July 22, 2012

Key Note Presentations

& Presenters:

**“We’re Off To Great
Places!”**

*By Judy Hutchinson
Family Consumer Specialist with
the Division of Mental Health*

“Movement Is Life”

*By Linda Knolhoff
Physical Therapist
St. Mary’s Good Samaritan Inc/
Felician Wellness Center /Centralia
Recreation Complex*

“The Power Of A Vision”

*By Danielle Eicken,
Bachelors in Special Education
& Radio-Television*



Afternoon Breakout Sessions

1:00 pm – 3:15 pm

“Creating Your Own Vision”

By Danielle Eicken

1:00 pm – 2:00 pm

“Age Management Medicine”

(How to slow the aging process)

*By David Hartman, MD
Franklin Hospital*

**“How Do You Know You've
Recovered ?”**

*By Brenda Eakins
& Walt Blumenshine, GROW in Illinois*

**“Free Steps To Meeting Your
Dreams”**

*By Janet Homann, BSN,RN,CRSS
& Robert Cozart, BS*

2:15 pm - 3:15 pm

“Getting To Know You!”

*By Rhonda Keck, MS,CRSS Recovery
Support Specialist Region Five*

**“Drug Interaction/Over The-
Counter & Other Drugs”**

*By Chris Augustus ,Pharm.D
Walgreen Pharmacy*

**“The Use of Faith Hope in
Recovery”**

By Gerald Altenbach & Brittany Barboza