



McHenry County Mental Health Wellness & Recovery Conference

Friday, September 20, 2013

8:00 am – 3:00 pm

**McHenry County College, Conference Center
8900 US Hwy. 14, Crystal Lake, IL**

Recovery: The Journey to Health & Wellness

People who have mental health concerns, family members, professionals and community members are all encouraged to attend the 3rd Annual Mental Health Wellness and Recovery Conference to learn more about HOPE, EMPOWERMENT and RECOVERY. The conference will include an expo for networking and information sharing as well as the following presentations:

Special Presentation: Screening of "Advocacy 2 Recovery" by Jennifer Green



Keynote Address: "Recovery: The Journey to Health and Wellness," Nanette Larson

Nanette Larson, BA, CRSS, is the Director of Recovery Support Services for the Illinois DHS/Division of Mental Health and is a nationally recognized leader in the mental health recovery movement.



"Recovery, Remission, Wellness—The Realizable Goals of Diagnosis and Treatment," Dr. Paul Keck, Jr.

Paul E. Keck, Jr., MD, is Craig and Frances Lindner Professor of Psychiatry and Neuroscience at the University of Cincinnati College of Medicine. He is also President and CEO of the Lindner Center of HOPE, a mental health center in Mason, Ohio.

Breakout Sessions:

"Making Wise Choices in Recovery," *Nanette Larson, Illinois Department of Human Services*

"Mental Health, Spirituality and Recovery," *Samaritan Counseling Center: Scott Campbell, LCSW; Erica Helzer, LCSW; Paula Briedis, LCPC; Dr. Vicki Santos, LCP; PADS/Pioneer Center: Dick Peterson, Recovery Specialist*

"Safety for All: Addressing Sexual Orientation & Gender Identity," *Shannon Sullivan, Illinois Safe Schools*

"The Visual Voice of Recovery: A Collaborative Art Project," *Erin Denk, Thresholds*

REGISTRATION AND PAYMENT DEADLINE is September 6, 2013.

A non-refundable Registration Fee of \$10.00 includes lunch and refreshments.

CEU's provided at no additional cost!

Thank you to our sponsors for helping to make this event possible:

- ~ Anonymous Donor ~ Conscious Cup ~ McHenry County Behavioral Health Foundation ~
- ~ MCC Center for Nonprofit Leadership ~ McHenry County Crisis Program ~
- ~ McHenry County Mental Health Board ~ Samaritan Counseling Center ~ Sara Ryerson, LCSW ~

For additional information or questions, call the McHenry County Mental Health Board at 815-455-2828.

Recovery: The Journey to Health & Wellness

DEADLINE FOR REGISTRATION AND PAYMENT: September 6, 2013

REGISTRATION INFORMATION *(please PRINT clearly)*

Name: _____

Organization: _____

Address: _____

Phone and/or email: _____

CEU's *(please check, if applicable)*

SILDPFR Clinical CEU's (LCSW, LCPC) License Number: _____

IAODAPCA CEU's *(pending)* License Number: _____

CPDU's

ACCOMMODATIONS

Special accommodations needed? Yes No

If yes, please note accommodation need: _____

Translation service needed? Yes No

If yes, please note translation need: _____

CONFERENCE SCHEDULE

8:00-8:30	Registration	10:45-12:15	Dr. Paul Keck, Jr.
8:30-9:00	Special Presentation: Jennifer Green	12:15-1:00	Lunch
9:00-10:30	Keynote Speaker: Nanette Larson	1:00-2:30	Breakout sessions <i>(see below)</i>
10:30-10:45	Break	3:00	Adjourn

BREAKOUT SESSIONS *(Please indicate your preference by numbering 1 through 4)*

- "Making Wise Choices in Recovery," *Nanette Larson, Illinois Department of Human Services*
- "Mental Health, Spirituality and Recovery," *Expert Panel, Samaritan Counseling Center and PADS Pioneer Center*
- "Safety for All: Addressing Sexual Orientation & Gender Identity," *Shannon Sullivan, Illinois Safe Schools*
- "The Visual Voice of Recovery: A Collaborative Art Project," *Erin Denk, Thresholds*

TO REGISTER

There is a **\$10.00 non-refundable registration fee** that includes CEU's, lunch and refreshments.

Phone: Sharon Smith, 815-308-0866

Email: srs.mcbhf@gmail.com

Registration and payment is due by September 6, 2013. Make checks payable to **McHenry County Behavioral Health Foundation**.

Mail registrations and payments (cash or check only) to: McHenry County Behavioral Health Foundation
ATTN: Sharon Smith
620 Dakota St.
Crystal Lake, IL 60012

Registration and payment must be received by September 6, 2013.