McHenry County Mental Health Wellness & Recovery Conference

Friday, September 19, 2014
8:00 am – 3:30 pm
McHenry County College, Conference Center
8900 US Hwy. 14, Crystal Lake, IL

Recovery: The Journey to Health & Wellness

People who have mental health concerns, family members, professionals and community members are all encouraged to attend the 4th Annual Mental Health Wellness and Recovery Conference to learn more about HOPE, EMPOWERMENT and RECOVERY. The conference will include an expo for networking and information sharing as well as the following presentations:

Featured Speaker: “Listening to Your Inner Voice,”
AJ French
AJ French, CRSS, serves as the Executive Director of Sacred Creations, a statewide organization with membership comprised entirely of persons living with mental health conditions. She was recently named the 2014 DBSA recipient of the Life Unlimited Award!

Featured Speaker: “The Future of Substance Abuse Treatment: What are the Opportunities,”
Dr. Gregory Teas
Gregory Teas, M.D., D.F.A.P.A., is the Chief Medical Officer of Alexian Brothers Behavioral Health Hospital. He has a sub-specialty in addictions and is the Service Director of the inpatient Chemical Dependency Program at Alexian Brothers Behavioral Health Hospital.

Breakout Sessions:
“TThe Role of Peer Specialists in Recovery,” Cheryl Niemo, NAMI; Heather Diab-Hall, NAMI, James Carpenter, Pioneer Center and Joan Ryan, Thresholds
“Trauma,” Dr. Linda Bedsole, Creative Psychology
“Conversation on Co-Occurring Disorders,” Graduates from Rosecrance McHenry County
“Empowerment 101,” AJ French, CRSS
“Q&A Follow Up with the Doctor,” Dr. Gregory Teas

REGISTRATION AND PAYMENT DEADLINE is September 12, 2014.
A non-refundable Registration Fee includes lunch and refreshments.
CEU’s provided at no additional cost!

Thank you to our sponsors for helping to make this event possible:
~ Anonymous Donor ~ Conscious Cup ~ Burnt Toast ~ Dawn Breakers Crystal Lake Rotary ~
McHenry County Behavioral Health Foundation ~ MCC Center for Nonprofit Leadership ~
McHenry County Crisis Program ~ McHenry County Mental Health Board ~ Rosecrance ~ Samaritan Counseling Center ~
Sara Ryerson, LCSW ~ Angela Yates, LCPC ~ Julie McFay Weingarz, PsyD ~

For additional information contact the McHenry County Behavioral Health Foundation at info@mcbbhf.org or 815-308-0866
Recovery: The Journey to Health & Wellness

DEADLINE FOR REGISTRATION AND PAYMENT: September 12, 2014

REGISTRATION INFORMATION (please PRINT clearly)
Name: ____________________________
Organization: _______________________
Address: ___________________________
Phone and/or email: ___________________

CEU’s (please check, if applicable).
☐ SILDPFR Clinical CEU’s (LCSW, LCPC) License Number: _______________________
☐ IAODAPCA CEU’s (pending) License Number: _______________________
☐ CPDU’s

ACCOMMODATIONS
For any accommodations needed, including dietary needs for lunch, translation and/or transportation, please go to the Behavioral Health Foundation website at www.mcbhf.org
Or call 815-308-0866 during the hours of noon to 3pm, Monday through Friday.

CONFERENCE SCHEDULE
8:00-8:30 Registration
8:30-8:45 Opening Remarks
8:45-10:15 AJ French
10:15-10:30 Break
10:30-11:45 Breakout sessions [see below]
11:45-12:30 Lunch
12:30-2:00 Dr. Teas
2:00-2:15 Break
2:15 - 3:30 Breakout sessions [see below]
3:30 Adjourn

BREAKOUT SESSIONS (Please choose your breakout session attendance for both the morning and afternoon sessions)

AM
☐ “The Role of Peer Specialists in Recovery,” Cheryl Niemo, NAMI; Heather Diab-Hall, NAMI, James Carpenter, Pioneer Center and Joan Ryan, Thresholds
☐ “Trauma,” Dr. Linda Bedsole, Creative Psychology
☐ “Conversation on Co-Occurring Disorders,” Graduates from Rosecrance McHenry County

PM
☐ “The Wrap Process,” Cheryl Niemo, NAMI, Dick Peterson, Pioneer Center, Donna Buss, ABBHH
☐ “Empowerment 101,” AJ French, CRSS
☐ “Q&A Follow Up with the Doctor,” Dr. Gregory Teas, Alexian Brothers Behavioral Health Hospital

TO REGISTER
There is a $10.00 for consumers/$25 for professional, non-refundable registration fee that includes lunch and refreshments.
Website: www.mcbhf.org Phone: 815-308-0866
Registration and payment is due by September 12, 2014. Make checks payable to McHenry County Behavioral Health Foundation.
Mail registrations and payments (cash or check only) to: McHenry County Behavioral Health Foundation
ATTN: Sharon Smith
620 Dakota St.
Crystal Lake, IL 60012

Registration and payment must be received by September 12, 2014.