

Registration

_____ # Attending Consumer

_____ # Attending Family

_____ # Attending Staff

Agency (if Applicable)

Name: _____

Address: _____

Telephone#: _____

Please Mail Registration To:

**Choate Mental Health
Attn: Rhonda Keck
1000 North Main
ADMN. Building
Anna, Illinois 62906**

**Please Make Check Payable To:
Southeastern Il. Counseling
Center. Inc.**

**For Questions Contact:
Rhonda Keck at
618-833-5161 ext 2515**

Rhonda.Keck@Illinois.gov

Choate Mental Health
Southern Network Office
Attn: Rhonda Keck
1000 North Main, Admin. Building
Anna, Illinois 62906

REGION FIVE SOUTH 14th ANNUAL CONSUMER CONFERENCE



August 12, 2010
John A. Logan
College
Carterville, IL

**REGION FIVE SOUTH
NETWORK 14TH ANNUAL
CONSUMER CONFERENCE**

Is Designed to Educate individuals
that The Expectation is Recovery.

Date

Thursday, August 12, 2010

Location

John A. Logan College

Carterville, IL

Time

9:00 am – 9:30 am (sign in)

9:30 am – 3:15 pm

Cost

\$5.00 per Consumer/family

\$20.00 For Staff Members

Registration Deadline

July 23, 2010

*** CEU's Are Available**

Key Note Presenters:

**"Recovery Through Whole-
Self Wellness"**

by

Nanette Larson

Director of Recovery Support Services

Finding The Missing Piece

by

Darlene McGary

Family Consumer Specialist



**Afternoon Break out
Sessions will include....**

**Drumming For
Wellness**

By Fritz Fuchs-Snider

**Afternoon Break out
Sessions will include....**

**A Personal Recovery
Journey Through
Health and Nutrition**
by Bryant Davis

**STRESS? WHAT
STRESS???**
by Cindy Bradham

**Find Your
Stairway to
Healing and Chart
Your Future**
by Cindy Mayhew &
Anita Overturf

**What Recovery
Looks Like
(in Work, School,
Family)**
by Panel Presentation

Box lunch will be provided

