Alternatives 2009
(the 23rd annual Alternatives conference)
– the only national mental health conference organized by and for people diagnosed with mental illnesses –
will be held

Wednesday, October 28, 2009, through Sunday, November 1, 2009, at the Hilton Omaha in Omaha, Nebraska.

Each Alternatives conference offers in-depth technical assistance on peer-delivered services and self-help/recovery methods. Beyond the exchange of knowledge and networking, Alternatives offers a rich social, artistic, and healing environment. Said one attendee, “The conference transformed me so I can transform the system.”

National Mental Health Consumers' Self-Help Clearinghouse
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