

## About EBPs

Come together to explore Evidence Based and Emerging Best Practices in mental health treatment:

- Assertive Community Treatment (ACT)
- Individual Placement with Support (IPS) Supported Employment
- Integrated Dual Diagnosis Treatment (IDDT)
- Wellness Recovery Action Plan (WRAP)
- Evidence-Informed Child and Adolescent Treatment
- Permanent Supportive Housing

There will be special emphasis placed on:

- Recovery and Resilience
- Implementing EBPs in Today's Financial Context
- Organizational and Leadership Strategies

Together, we can promote Evidence-Based Practices and move *From Vision to Action* in this new decade.

When: April 21-22, 2010

Where: Hilton Garden Inn  
1501 S. Neil Street  
Champaign, IL

Please complete the registration form and submit by April 7, 2010 to secure your reservation.

CEUs are available for LCSW, LCPC, LSW, LPC, OTR/OTA, CRSS, and CRC.

## Conference Details

Hilton Garden Inn  
1501 S. Neil Street  
Champaign, IL 61820  
(217) 352-9970  
FAX (217) 398-5763  
Web site:

[www.champaignurbana.stayhgi.com](http://www.champaignurbana.stayhgi.com)

### Directions:

*From Interstate 74 East:* Take the Neil Street South Exit, follow 2.2 miles, hotel is on the right.

*From Interstate 74 West:* Take the Neil Street South Exit, follow 2.2 miles, hotel is on the right.

*From Interstate 57 South:* Take the University Avenue Exit, follow to Neil Street, turn right, go 1.2 miles, hotel is on the right.

*From Interstate 57 North:* Take the Monticello Road Exit, follow to Route 45/Neil Street, turn left, go 4.6 miles, hotel is on the left.

*From Interstate 72 East:* Follow directly into Champaign, becomes University Avenue, follow to Neil Street, turn right, go 1.2 miles, hotel is on right.

For room reservations, please call (217) 352-9970. There is a block of rooms available for \$119 per night. Just mention "Illinois Mental Health Collaborative."

If you will need accessibility accommodations, please contact Amy Fricke by calling (217) 801-9182 or by e-mail: [amy.fricke@valueoptions.com](mailto:amy.fricke@valueoptions.com)

The Illinois Department of Human Services Division of Mental Health is guided by the vision that all persons with mental illnesses can recover and participate fully in a life in the community.

The DHS Division of Mental Health encourages all providers, consumers, and advocates to collaborate with us in identifying opportunities for the implementation of services shown by research to be effective in supporting recovery and building resilience.

## From Vision to Action

### Evidence Based Practices in Illinois

**April 21-22, 2010**

Hilton Garden Inn  
Champaign, IL



**Department of Human Services**  
**Division of Mental Health**

Administrative Support Provided by

**ILLINOIS**  
**MENTAL HEALTH COLLABORATIVE**  
**FOR ACCESS AND CHOICE**

*A free program for administrators, clinicians, consumers, family members, and advocates within the Illinois mental health system*

# Evidence Based Practices in Illinois: *From Vision to Action*

## Day 1: Wednesday, April 21, 2010

- 9 – 10 a.m. **Registration and Continental Breakfast**
- 10 – 10:15 a.m. **Welcome**
- 10:15 – 10:30 a.m. **EBP Implementation Strategies in Illinois**
- 10:30 a.m. – 12 p.m. **Keynote Address**
- “From Evidence to Action: Using Outcome Studies on Recovery to Inform our Practice”  
Courtenay Harding, PhD
- 12 – 1:15 p.m. **Lunch (to be provided)**

## 1:15 – 2:45 p.m. CONCURRENT WORKSHOP A Please check the session you would like to attend.

- 1. IPS Supported Employment**  
Employment: Personal Pathways to Recovery  
**Christine Johnson, MA, CRC, Facilitator**
- 2. ACT**  
Ingredients of Recovery-Oriented ACT  
**Michelle Salyers, PhD**
- 3. Recovery and Resilience**  
WRAP Symposium, Part 1  
**Nanette Larson, BA, CRSS**
- 4. Child and Adolescent**  
The Chicago Parent Program: An Evidence-Based Parent Training Program  
**Christine Garvey, PhD, RN**
- 5. Permanent Supportive Housing (PSH)**  
The Journey from Homeless or Institutional Care to Housing: Stages of Change  
**Jessica Patrick, Facilitator**

2:45 – 3 p.m. **Break**

## 3 – 4:30 p.m. CONCURRENT WORKSHOP B Please check the session you would like to attend.

- 1. IPS Supported Employment**  
Creating My Personalized Vision for Work  
**Christine Johnson, MA, CRC, Facilitator**
- 2. ACT/IDDT**  
Two (or More) EBPs in One: Integration of ACT and other EBPs  
**Lia Hicks, MBA**
- 3. Recovery and Resilience**  
WRAP Symposium, Part 2  
**Nanette Larson, BA, CRSS**
- 4. Child and Adolescent**  
The Chicago Parent Program: Considering Culture and Context in Program Development  
**Wrenetha Julion, PhD, RN**

5 – 7 p.m. **Welcome Reception**

## JOIN US DURING DAY 1 FOR A POSTER SESSION ON EVIDENCE-BASED PRACTICES IN ACTION.



## Day 2: Thursday, April 22, 2010

- 8 – 8:30 a.m. **Registration and Continental Breakfast**
- 8:30 – 8:45 a.m. **Welcome Back**  
Overview of Previous Day
- 8:45 – 10 a.m. **Keynote Address**
- “Economy, Health Reform and Parity: Impact on Evidence Based Public Mental Health Care”  
William Hudock
- 10 – 10:15 a.m. **Break**
- 10:15 a.m. – 2:30 p.m. **CEO Seminar**
- Special session and lunch for provider CEOs (RSVP required)**

## 10:15 – 11:45 a.m. CONCURRENT WORKSHOP C Please check the session you would like to attend.

- 1. IPS Supported Employment**  
Hitting the Pavement: The Work that Goes into Finding My Job  
**Christine Johnson, MA, CRC, Facilitator**
- 2. ACT**  
Ingredients of Recovery-Oriented ACT  
**Michelle Sayers, PhD**
- 3. Recovery and Resilience**  
Wrap Symposium: Part 3  
**Nanette Larson, BA, CRSS**
- 4. Child and Adolescent**  
The Chicago Parent Program: Experience It!  
**Alison Ridge, MS, RN**

11:45 a.m. – 1 p.m. **Lunch (to be provided)**

## 1 – 2:30 p.m. CONCURRENT WORKSHOP D Please check the session you would like to attend.

- 1. IPS Supported Employment**  
Rolling with the Punches: Anticipating and Managing the Challenges of Working  
**Christine Johnson, MA, CRC, Facilitator**
- 2. ACT/IDDT**  
Practical Issues of Implementation  
**Panel Discussion**
- 3. Recovery and Resilience**  
Wrap Symposium, Part 4  
**Nanette Larson, BA, CRSS**
- 4. Child and Adolescent**  
The Chicago Parent Program: Implementation  
**Susan Breitenstein, PhD, RN**

2:30 – 3 p.m. **Evaluations and Adjournment**

# Registration Form

Please fill out the registration form below. Registration is free but you must send this form in to register to attend the conference.

**Please submit this registration form by April 7, 2010. Early registration is strongly recommended due to restricted capacity. Priority registration will be given to providers, consumers, family members, and advocates within the Illinois DHS/DMH system.**

I would like to receive CEUs (please check):

Yes  No

- |                               |                                  |
|-------------------------------|----------------------------------|
| <input type="checkbox"/> LCSW | <input type="checkbox"/> LPC     |
| <input type="checkbox"/> LCPC | <input type="checkbox"/> OTR/OTA |
| <input type="checkbox"/> LSW  | <input type="checkbox"/> CRSS    |
|                               | <input type="checkbox"/> CRC     |

Name \_\_\_\_\_

Affiliation name (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Please submit your registration form in one of the following ways:

Online:  
<http://www.valueoptions.com/providers/training.htm>

Mail to: Illinois Mental Health Collaborative  
Attn: Amy Fricke  
400 S. Ninth, Suite 201  
Springfield, IL 62701

Fax: (217) 801-9189