

ILLINOIS  
MENTAL HEALTH COLLABORATIVE  
**FOR ACCESS AND CHOICE**

# Recovery and Resilience



## Education for Consumers and Families

**Dates and Locations:**

Tuesday April 1, 2008: Chicago  
Wednesday April 2, 2008: Springfield  
Thursday April 3, 2008: Carterville

**Time:** 9:30am – 2:30pm

**To Register:** Please dial the following phone number, on or before March 25<sup>th</sup>, and you will be prompted to select which location you want to attend:

**Call: 1 (866) 528-5658**  
**TTY: 1 (866) 880-4459**

**CEU's:** Applied for through IAODAPCA, including Certified Recovery Support Specialist (CRSS) credential.

**Lunch:** Arrangements for free lunches at each event are being made. Please do not bring food or drink into the auditoriums.

*More Information on the Following Page...*

### About the Speakers:

**Dr. Ed Knight, Ph.D.**

Dr. Knight is the Vice President for Recovery and Resiliency at ValueOptions. He is an Adjunct Professor at Boston University who has conducted national research projects on recovery from mental illnesses. Dr. Knight's recovery from Schizophrenia serves as an inspiration for thousands of persons with mental illnesses. He is a nationally renowned leader in the recovery movement.

**Nanette Larson, B.A., CRSS**

Nanette Larson serves as the Director of Recovery Support Services for the Illinois Department of Human Services/Division of Mental Health. She is responsible for the development and implementation of a recovery-oriented service delivery system, including the state's Wellness Recovery Action Planning (WRAP) initiative, within the public mental health system. Ms. Larson's passion for recovery comes from her personal experience of recovering from mental illness.

**Bryce Goff, M.A., CRSS**

Bryce Goff serves as the Director of Recovery and Resilience for the Illinois Mental Health Collaborative for Access and Choice. He holds a Master's Degree in Church Leadership and is a Certified Recovery Support Specialist. Bryce Goff draws on his personal mental health recovery experience to inspire others and to help shape a mental health system where "The Expectation is Recovery!"

### Agenda

Time	Topic	Speaker
9:30 – 10:00	Registration	
10:00 – 10:15	Introductions	
10:15 – 10:20	Recovery Story	Recovery Support Specialist
10:20 – 12:00	History of the Recovery Movement and Research Base for Recovery	Ed Knight
12:00 – 12:40	Lunch	
12:40 – 1:40	Foundational Principles of Recovery	Nanette Larson
1:40 – 1:45	Resilience Story	Family Consumer Specialist
1:45 – 2:00	What Does the Collaborative Mean to Consumers and Families	Bryce Goff
2:00 – 2:30	Question and Answer	Panel

### Locations

Date	Location
Tuesday, April 1, 2008	Chicago Mart Plaza: Sauganas Ballroom (15 <sup>th</sup> Floor) 350 West Mart Center Drive, Chicago 60654
Wednesday, April 2, 2008	Howlett Building Auditorium 501 S. 2 <sup>nd</sup> St. Springfield, IL 62756
Thursday, April 3, 2008	John A. Logan College 700 Logan College Rd Carterville, IL 62918

