

# ILLINOIS MENTAL HEALTH COLLABORATIVE

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## FOR ACCESS AND CHOICE

### **NEW! The Warm Line: Peer and Family Support by Telephone**

The Illinois Mental Health Collaborative for Access and Choice is pleased to announce the opening of the Warm Line!

*Sometimes what is needed most in difficult times is someone to talk to:  
Someone who listens and understands.*

The Warm Line is a new opportunity in Illinois for persons with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover. We are here to serve you.

- **Call: 1 (866) 359-7953**  
**TTY: 1 (866) 880-4459**
- Hours of Operation: Monday through Friday,  
8am-5pm
- From the main menu, select option #2 for Consumers and Families
- Next, select option #5 for the Warm Line: Peer and Family Support by Phone.