

# Lunch & Learn Speaker Series

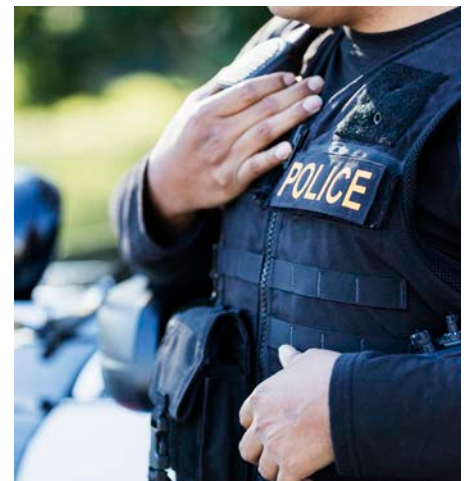
Rosecrance Crystal Lake

**Leaders in recovery.  
Champions of hope.**



Join us for a series of Lunch and Learn professional development workshops at Rosecrance Crystal Lake. Enjoy a boxed lunch and participate in an opportunity for networking from 12:30 to 1 p.m. One CEU is provided for each presentation.\*

To register, please email Diana Belicke at [dbelicke@rosecrance.org](mailto:dbelicke@rosecrance.org).



## **Taking Care of our Own – 911 for 1<sup>st</sup> Responders**

Daniel DeGryse, B.A., B.S., CADC, CEAP, LAP/C

Director, Rosecrance Florian Program, Harrison Campus

**Friday, March 10, 12:30–2 p.m. (presentation 1–2 p.m.)**

Ret. Battalion Chief Dan DeGryse will describe the motivation behind creating the Rosecrance Florian Program based on his experience with the Chicago Fire Department as a Battalion Chief/EMT, Employee Assistance Provider and Peer Supporter. He will also share key insights into what a clinician should know and how to better connect when interacting with individuals from the various first responder populations.

### **Objectives:**

- Learn what a clinician should know when working with first responders
- Understand the importance of being culturally aware
- Gain knowledge of what makes the Florian program effective

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\* Rosecrance is an approved CEU sponsor for the following Illinois licensed professions: social work, counseling, marriage & family therapy and nursing. These trainings meet the CEU requirements set forth by the Illinois Department of Financial and Professional Regulation. If you are licensed in another state, please check with your state licensing board to determine whether these courses meet the CEU requirements identified by your state.

## Champions of Hope

Abby Nelson, M.S., CTRS, CADC

Therapeutic Recreation Coordinator

Friday, April 14, 12:30–2 p.m. (presentation 1–2 p.m.)

Building hope with chronic substance users utilizing strength based therapeutic recreation (TR) interventions. Chronic substance use is a barrier to experiencing joy and a life worth living. How do you help a client move from hopelessness to hope, hurt to health, or despair to optimism? Strength-based TR interventions can be the conduit to fostering this relationship and growth. Bring an open mind and a willingness to think abstractly about the interventions and skills you can utilize with clients.

### Objectives:

- Learn the role that TR plays in treating behavioral health disorders
- Gain knowledge of TR interventions that help foster hope
- Learn about the benefits of strength-focused interventions



## Digging Deeper: Clinical Diagnosis in Practice for Children, Adolescents, and Adults

Heather Fisher, M.A., LCPC

Rosecrance Mental Health Clinical Outpatient Supervisor

Friday, May 19, 12:30–2 p.m. (presentation 1–2 p.m.)

As clinicians we learn about the DSM, we learn about maladaptive psychology, and tools for diagnostics. Sitting in front of a person for the first time and collecting information to develop and justify a diagnosis isn't exactly like school. It is important to build the skills to interview and have a guided conversation with the person you are sitting alongside. The ability to build a diagnosis from that conversation and communicate that information to that person in an effective way is a skill. Heather Fisher's goal is to provide practical steps to further this skill in your clinical day.

### Objectives:

- Interviewing individuals to identify symptoms
- Diagnosing the whole person—bringing the pieces together
- Identify barriers to effectively communicate diagnosis and symptoms to clients/consumers



For more information, contact Diana Belicke at [773.962.1151](tel:773.962.1151).

**Rosecrance Crystal Lake**

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